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Revision

Dream interpretation quiz

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This quiz relates to the **PSYCHOLOGY REVIEW** Vol. 29, No. 1 article on dream interpretation. If you keep both the article and your answers to the questions, you will have a useful revision guide for relevant exam questions.

Part 1

True or false

Children have fewer dreams than adolescents and adults.	True []	False []
Most cultures have a history of interpreting dreams.	True []	False []
Freud believed in universal symbols in dreams.	True []	False []
Jung believed in universal symbols in dreams.	True []	False []
Dream dictionaries are generally agreed to be invalid.	True []	False []

Part 2

Multiple choice

How many hours do people typically spend dreaming per night?

- a) 1 hour
- b) 2 hours
- c) 8 hours

In Freudian theory, the hidden meaning of a dream is called the:

- a) Latent content
- b) Manifest content
- c) Content analysis

Which of these elements distinguishes Jung's theory from Freud's?

- a) Retrospective rather than prospective
- b) Archetypes rather than personal meanings
- c) Dreams a product of REM sleep instead of wish fulfilment

Most dreams appear to be about:

- a) Archetypes
- b) Unfulfilled wishes
- c) What we think about during the day

Part 3

Know your terms

What does each of the following mean?

- Manifest content
- Latent content
- Wish fulfilment
- Archetypes
- REM sleep

Part 4

Applying your understanding

What advice would you give someone who was considering having their dreams analysed? Explain your answer using research into dreaming.

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